

16th September 2025

Dear Parents and Carers,

As part of your child's education at Peterhouse School, we promote personal wellbeing and development through a comprehensive Peterhouse Preparing for Adulthood (PPfA) curriculum. PPfA gives our young people the knowledge, understanding, attitudes and practical skills to live safe, healthy and productive lives which meets their full potential.

The Department for Education has put in place updates for Relationships and Sex Education (RSE) to be in place for September 2026. The current RSE policy for Peterhouse School is available on our school website or alternatively you can request a printed copy from the school office. Over this coming year we will be reviewing this Policy and putting refinements in place ready for September 2026. Once this work has been completed, we will consult these updates with you.

Included within this existing policy is the curriculum map for our PPfA curriculum which encompasses the statutory guidelines set out in the DfE's PSHE and RSE guidance along with our additional content needed to meet the diverse individual needs of our pupils at Peterhouse School.

We believe that RSE is important within our curriculum offer and it is hoped that pupils will participate in all aspects of these lessons at the safe appropriate to their level of learning and understanding. We recognise how high quality RSE can contribute to keeping our young people safe and we tailor the content of our lessons/tutorials for individuals. The teaching of some aspects of RSE is now compulsory but parents continue to have the right to withdraw their children in some areas- see below:



	EYFS	KS1 Year 1/2	KS2 Year 3-6	KS3 Year 7-9	KS4 Year 10-11	Post 16
PfA (PSHE- Relationship Education)	Pupils will receive our PfA offer in keeping with the personal, social and emotional development area of focus	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Will be delivered within our curriculum- parent/pupil right to withdraw
PfA (PSHE- Health Education)	Pupils will receive our PfA offer in keeping with the personal, social and emotional development area of focus	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Will be delivered within our curriculum- parent/pupil right to withdraw
Science- the body/ reproduction education	Pupils will receive our PfA offer in keeping with the understanding the world area of focus	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Must be taught- no parental right to withdraw	Will be delivered within our curriculum- parent/pupil right to withdraw
Sex Education (beyond	N/A	Schools can choose	Schools can choose	Must be taught- parents	Must be taught- parents	Will be offered within our curriculum- parent/



compulsory outlined above)		whether to teach this- parents can choose to withdraw	whether to teach this- parents can choose to withdraw	can choose to withdraw	can choose to withdraw until three terms before a child's 16 th Birthday.	pupil right to withdraw in keeping with the Mental Capacity Act policy regarding adult decision making
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In order to support pupils' ongoing emotional and physical development effectively, we will offer Sex Education at the relevant age, but with regard of the 'how', considering their level of maturity and understanding. The vast majority of what is taught as part of Sex Education for our primary aged pupils is already covered as part of our Science curriculum or Health Education in PPfA (i.e; the human body growth from birth to old age, changing adolescent bodies, puberty, names of external body parts, reproduction/off spring in some plants and animals). Through our half-termly overviews, you will be able to identify what is being taught within PPfA lessons that half term.

Peterhouse School has chosen to continue to offer Relationship and Sex Education for our post 16 pupils as part of our PfA offer. This will be taught through non-qualification activities linked to the development of character, broader skills, attitudes and confidence in preparation for transition to life beyond school.

If you have any questions or comments regarding PPfA / RSE please contact your child's class teacher or our PPfA lead- Becca Whewell or curriculum lead- Cheryl Amy. If you are considering withdrawing your child from the non-statutory aspects of RSE, please ensure you have read the RSE policy and then notify the Headteacher in writing by Friday 10th October.

Thanks for the continued support,

Yours Sincerely,

Becca Whewell (PPfA lead)

Cheryl Amy (Curriculum lead)







