

***" I'm super happy that I can do what I wanted to do for so long and not have to worry about anything."***



**Before linking with Peterhouse School's Flexible Education service 'Luke' was had not left the house in over 2 years. During that time he had had no medical or dental checks, his personal care was poor and he suffered from extreme social anxiety. Luke hid his face with a cushion and saw autism as something to be ashamed of.**

Slowly the Flexible Education team built relationship based on trust, and due to Covid introduced 1:1 remote sessions where together with Luke they began to explore his thinking. Gradually they were able to switch focus and cautiously began to explore Luke's story with him.

Understanding Luke's story and his ambitions for the future lead to the team working with him on employability and supporting him to start going out. They developed links with external professionals: recruiters, web developers for feedback and advice.

Working along side Luke they were able to support him to address health concerns and support his mental health so that he could come to terms and own his personal story.

*"Everything is going really well. The work I'm doing is fun and chill, and I've been getting to know everyone really well. I'll show you what I've been doing down below. (I develop the websites btw, not design) ... Thank you so much for everything. Even though I didn't do actual education I learned a lot from you and I'm a better person because of it. I still have problems that I need to overcome, but I've recognized them and am trying to improve. Overall though, I'm super happy that I can do what I wanted to do for so long and not have to worry about anything. This was my biggest goal for so long and it's a huge relief that I get to do it with a super talented team."* Luke