

"Parents have been so appreciative of the resources and support"



At Peterhouse School, staff have been aiming to support parents, carers, children and staff with issues affecting families. They have been particularly focusing on those children who receive pupil premium funding to provide useful knowledge and resources.

Intervention topics have included 1:1 work with parents to build their self-esteem, working with parents to enhance their understanding of autism, working with families to support their health, diet and sleep routines, and supporting families with their understanding of adoption.

Additionally, the team has developed a new 'parent buddy' scheme, hosted supported parent coffee mornings and led parent courses. They have also assisted parents to fill out forms for family funding and researched useful resources to help with the cost of living.

Peterhouse has also prioritised family wellbeing with counselling sessions, wellbeing drop ins, welfare visits and monthly supervision outside of school hours. Alongside this, training courses have been offered for counselling, IT and young people, addressing trauma and abandonment, and letting go of guilt and self-judgement.

Reflecting on the interventions, the team at Peterhouse noted that the support given has made a significant impact on families. Parents have been so appreciative of the resources and knowledge that they have gained from the support.

Going forward, the team will be prioritising pupil premium and continuing to use their expertise to support parents and families.